



## PILAR PARDO

### MASTER FACILITATOR, VERUS GLOBAL

Pilar came to Verus Global in 2010 and brings an extensive background in coaching and leadership. She believes that one of the most important resources a company can develop is its people – and she craves opportunities to build wellness culture (in English, Spanish, and Portuguese).

Pilar decided to completely change her professional career while working for a large, multinational company. She chose to follow her inherent belief that we, as human beings, make the most significant impact when we are connected to our true selves. Once in this heart-space, we can create new things, deal with difficult challenges and deliver our very best in all aspects of our lives. This belief has been the main driver of her work; to connect people and companies with their soul and their essence in order to help them deliver their very best.

Her biggest success? Pilar defines it as doing work she loves, developing people and seeing the impact of her work showcased in lives where work and family life is improved. She greets each challenge with enthusiasm – a trait that serves sessions well.

Pilar received her master's degree in Neuro-Linguistic Programming from Institut Gestalt in Barcelona. She is a Master Certified Coach (MCC) accredited by the International Coaching Federation (ICF) and holds a Co-Active Coaching Certification from the Co-Active Training Institute (CTI). Pilar is also trained in Organization and Relationship Systems Coaching (ORSC) through the Center for Right Relationship, and is certified in The Leadership Circle Profile™ (LCP) by The Leadership Circle. She completed advanced training in Family and Organizational Constellations at the Hellinger Institute in the Netherlands. In addition, she studied Gestalt Therapy at the Escuela Madrileña de Gestalt.

Pilar lives in Sitges, Spain. She loves walking in nature and salsa dancing, singing and is a huge fan of the San James Walk in the North of Spain. She enjoys travel and loves to learn new things (especially related to self-development which she applies in her work with others.)

#### AREAS OF EXPERTISE:

- Organizational Effectiveness
- Team Performance
- Leadership Advisement
- Neurolinguistic Programming
- Team Alignment and Communication
- Design Thinking

**“My work with Verus Global has taught me that people everywhere are, essentially, the same – we all want to reach our highest potential and experience life to its fullest.”**

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MANY, INCLUDING:

